

# "INNATE INTELLIGENCE"

## PHILOSOPHY V

**In every living thing there is an Innate Intelligence guiding it on the path to health.**

The first thing we must do when discussing "Innate Intelligence" is to clarify the concept of intelligence. It is important to understand that we are not talking about education or the ability to learn things. Human beings can attend school and learn computer programming, or can "pick up" several foreign languages when they travel. But this is not what we mean when we say intelligence.

The intelligence we're talking about is the "knowledge" that every living entity is born with, and which allows it to adapt to the environment in order to survive. If you put a plant on a window sill, in a day or so it will have turned its leaves to face the light. Turn the plant around and in another day or so, it again will have turned its leaves to receive the light it needs to maintain its normal functions.

The plant doesn't use logic to figure out that it needs light, or decide to turn its leaves around to face the window. It doesn't "think" and it isn't self-aware. Yet, the intelligence it possesses allows it to go from a tiny seed to a lush plant, to send roots into the soil to find water and nutrients, to search out and utilize light and air, to transform those elements into additional leaves, roots, sprouts, and even more seeds which will be carried on the wind to start the process all over somewhere else. Not random action, but intelligence. Not education, but **inborn** knowledge. Innate Intelligence.

But what is this intelligence? Where does it come from? How does it work? No one knows the answers to these questions. Living things are not random collections of molecules and atoms. They all are organized into functioning entities that adapt to their environment. Therefore, we accept as a basic principle that there is an order to the body, which we have chosen to call Innate Intelligence. But, like Universal Intelligence, we do not have the ability to understand exactly what this intelligence is or how it works. We know only that it exists.

In a human being, it is the Innate Intelligence that tells a newborn baby how many times its heart should beat each minute; how to ingest and digest nutrients and eliminate the waste; how to develop and utilize white blood cells to fight infections; how to communicate its need for outside assistance. No one has to teach an infant these things.

Yet, Innate Intelligence can only guide the internal functioning of that child. It cannot enable her to manipulate her environment or do more than her body will permit. She can't, for instance, walk over to the refrigerator and get a snack if she's hungry (anymore than a plant can turn on a lamp if it needs more light). That action will take training and education rather than inborn Intelligence.

Remarkably, every living thing possesses 100% of the Innate Intelligence it needs. You'll never see a plant which "knows" that its roots need to grow into the soil, but doesn't also "know" that its leaves need to grow upward toward the light. Can you imagine the poor plant pushing both its roots and its leaves downward because it only had 50% of its Innate Intelligence?

If an entity is alive, it possesses 100% of the Innate Intelligence it needs. Moreover, by its very definition, the Innate Intelligence is always normal, and its function is always normal. What this means is that our bodies "know" exactly what they need and how to adapt to our environment in order to function best.

If our physical and emotional health relied solely on our Innate Intelligence, we would all be "perfectly" healthy. But there are other factors at work. A master carpenter might be an expert in building a table, but if his arm is in a cast and he can't apply force to his hammer, or if he doesn't have the proper tools, the table won't come out very well.

Your Innate Intelligence is an expert in running your body, but if it is hampered by the lack of force (Innate Energy) or the lack of proper tools (Innate Matter), the result will be a less-than-normal-functioning. These three elements – Innate Intelligence, Innate Energy, and Innate Matter – make up the "Triune of Life."

Since a person's Innate Intelligence has the "expertise" it needs to properly maintain that body, chiropractors don't address themselves to that area. Nor do they involve themselves with the actual "tools" provided to each person – the body and internal organs. Their concern is with the Innate Energy or force which provides the link between the Innate Intelligence and Innate Matter.